



## SCI Sucralfate Enema Technique

Sucralfate enemas can be helpful in treating rectal bleeding and the troublesome mucous discharge which patients experience following pelvic radiotherapy.

We find the following useful for our patients:

1. Measure out 2G of sucralfate suspension.
2. Add to 50ml of tap water
3. Using the QUFORA<sup>®</sup> Mini System [www.qufora.co.uk](http://www.qufora.co.uk) inject the enema into your rectum: **NOTE:** This must only be carried out after you have been checked by a consultant colorectal surgeon or consultant gastroenterologist to ensure that it is safe for you to receive rectal medication.  
*Qufora Mini irrigation system is designed for the use with water for rectal irrigation and is a class 1 medical device. If the healthcare professional would like to use Qufora Mini for SCI Sucralfate Enema Technique, this must be done at their own discretion. The Qufora Mini Cone is for single use only.*
4. Lie for 5 minutes in each of the following positions: on your back, on your front, left side and right side
5. Insert in the morning and at bedtime. Whenever possible try to lie on your front in bed at night for as long as possible to allow the sucralfate to coat the front wall of the back passage where most 'burn' damage occurs.

The treatment should be continued until symptoms improve/completely resolve and then on an 'as required basis'

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